

The Church in Tuffley
invites you to *pray*



WHEN: From May 2020

WHERE: Your own home

Don't worry about anything; instead, pray about everything

Philippians 4:6

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There is nothing new about the call to prayer, but we are aware, more than ever, of the need to join together in crying out to God for our loved ones, our towns and our nation.

That's why we have set up a virtual prayer room where you can take responsibility for praying for Tuffley during a specified hour of your choice each week.

How should I pray?

As Christians we believe that God hears every word we utter, knows every thought in our minds, every flutter of our hearts, every tear we have cried and the inmost depths of our souls. Our method of prayer doesn't matter – God will turn his attention to us and hear us. It's important to listen to God too. What might he be saying to us? Take time to be still and be aware of his presence.

We recognise that some may not find praying for the whole hour very helpful. That's ok. Please pray at some point during that hour.

There are several links to online resources you can use as a guide to help you pray or you can use what is printed in this booklet.

We suggest you begin by lighting a candle and being still in God's presence.



A prayer before silence from Christian Aid

Loving God, we seek your presence in the silence beyond words, looking to you for comfort, strength, protection and reassurance, breathing with gratitude, holding onto hope, trusting you with faith that you are still God in the midst of the turmoil and that your love reaches to the ends of the earth. Be present with me now. Amen

Instructions for Booking Your Time to Pray

Please do take the time to book your chosen hour. It encourages others to know that you are praying and will help us to spread the prayer cover across the week.

Linda is our virtual room monitor. If you prefer to book by telephone, please call Linda on 01452 302590. Please leave a message if Linda does not answer straight away.

If you have internet access you can reach the page by clicking on the link or typing the URL into your web browser address line:

<https://www.24-7prayer.com/signup/094abd>

The page will open to our **Pray for Tuffley** timetable. Just click on your chosen time and type your name. Just your name is fine – we don't need any other details. Then leave the page. If you choose to log in and register (very simple to do), you will receive a reminder email.

If you would like further assistance, please contact Helen, on 07729 615993.



Thank you for joining us in praying for Tuffley. We look forward with wonderful expectation to seeing God's response.

Bruce Clifford, Vicar of St George's with St Margaret's, writes:

"When I pray, co-incidences happen; when I don't they don't", wrote William Temple.

I know this to be true; partly I suspect because when I truly pray I am listening; and when I am listening I am becoming more attuned to God-at-work.

It's a mystery why, but for some reason God's chooses to work through our prayers.

This is why prayer is so vital.

But it's not the only reason why prayer is vital; it's not even the most important reason.

So why pray?

First and foremost, because through prayer we relate to God, and God relates to us. We come in awe and wonder and praise, we rest in love, and our hearts are moulded more into the shape of God's heart.

Most of us find prayer not easy; so I'm very pleased to support this little booklet of helpful resources put together by our Pioneer, Helen McGeoch.

Lord, may this booklet help us all as Your church in Tuffley to pray, to pray that in and through this critical time, Your will shall be done, and Your Kingdom shall come. Amen.

Thank you for sharing together this wonderful fellowship of prayer. Let's all be expectant to witness God-at-work more and more as we pray here in Tuffley!

A prayer for the church from Christian Aid

May your love that never fails strengthen the weak, encourage the fearful, calm the anxious, heal the sick through your church – your washed hands and feet on earth – distant but still present, virtual but still connected, apart but still helping. God in your mercy, hear our prayer. Amen.

Prayer Changes Things!

By Revd Sarah Todd, Vicar of St Barnabas, Tuffley

This is a phrase that I think the church family of St Barnabas are getting used to hearing! I believe that prayer is a wonderful gift that each of us has, to get to know a loving God who is passionately interested in us, our families, our community of Tuffley and our world.

Firstly, I believe prayer changes things because prayer changes us. When we pray, we can truly be ourselves, because God calls us as we are. We don't have to use special words or go to a special place although these things can be helpful. We can come to God in prayer, whether we are happy or sad, thankful or hurting or rejoicing or grieving. These are anxious times we find ourselves in and I have spoken to many people who say day to day life, and prayer is a bit of a struggle.

A man called Paul taught some early Christians that they should not fret or worry – instead they should pray -shape those worries into prayers. If you would like to find out more about that teaching find Philippians 4, 6-7 in the Bible. In my life when things have been difficult, I found that if I prayed (and it can be hard sometimes) I felt God close by and a sense of wholeness and calm.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:6,7

Secondly I believe prayer changes things because God's Spirit is at work in the world through our prayers. When we pray, we enter special space that opens up to all sorts of possibilities. Jesus tells us that if we pray in his name to our loving God, we can see prayer impact powerfully in all sorts of ways. No prayer is too big for God and no prayer is too small. We can pray for ourselves, for those we love, for our city, our country and our world. A simple prayer that I sometimes pray goes something like:

“Through the power of the Spirit, in faith, truth, peace and in the powerful name of Jesus, I offer the prayers of my heart to you O God.”

I offer my prayers to God and spend some time listening to what God might want to say to me.

So, I encourage you to engage with this wonderful 24/7 prayer event. This booklet is full of ways to pray and things to pray for - marvellous resources that the team has put together. I look forward to sharing stories of how prayer has been answered and am thankful for this opportunity to commit ourselves as church in Tuffley to this time of prayer together.

A prayer for a global pandemic from Christian Aid

Loving God, strengthen our innermost being with your love that bears all things, even the weight of this global pandemic, even the long haul of watching for symptoms, of patiently waiting for this to pass, watching and waiting, keeping our gaze fixed on you, and looking out for our neighbours near and far. Instil in our shaken souls the belief and hope that all things are possible with your creative love, for strangers to become friends, for science to source solutions, for resources to be generously shared so everyone, everywhere may have what they need, for your perfect love that knows no borders may cast out any fear and selfishness that divides. May your love that never ends be our comfort, strength and guide for the wellbeing of all and the glory of God. Amen.

Thoughts on Prayer from David Crunkhurn, Elder at Grange Baptist Church

Our fellowship, which meets along Grange Road, enjoys a vibrant prayer life. Generally, Baptists don't follow specific set prayers as such, but we do enjoy sharing them on occasion with our Anglican and Catholic friends. We find comfort from Biblical scripture and the Psalms. Prayers are said without following a set pattern, but really from what is on our hearts. Prayers will contain elements of saying thank you, sorry or asking God for His provision in some form. In its simplest term, prayer is more of a conversation with God, we speak to Him in prayer and spend time listening to Him; maybe as one would talk to a friend. We encourage you to try this way of prayer too.

We pray regularly for the whole of our area of Tuffley and collectively on Sundays. During this time of difficulty, due to the Covid-19 pandemic, our building is closed. However, we continue to meet each Sunday via Facebook Live and in the evening, as a virtual gathering, where we pray together for our community of Tuffley and those in need of God's help. Any prayer requests we receive are added into these meetings and, via a prayer chain, are shared with members of the congregation, so that there is a constant stream of prayer ascending to heaven on behalf of our community.

As a Baptist Church, we are part of the West of England Baptist Network (WEBNET). This is a family of Baptist churches from across the south-west of England. Together we share in collective times of prayer and devotion via our 'Baptists Together' Website; <https://baptist.org.uk> This website is populated with many prayer guides and online video devotionals that are designed to inspire, comfort and guide. On the next page are a few more links, which you may find helpful.

Prayer and reflections:

Below are two links to devotional broadcasts, and prayers and reflections.

https://baptist.org.uk/Groups/338269/Prayer_and_study.aspx

https://www.baptist.org.uk/Groups/338268/Prayer_broadcasts.aspx

[X](#)



The Caleb Prayer

This is a prayer one of our members came across when on retreat.

It is used regularly by thousands of people around the world and has been translated into many languages. It originated as the Caleb Prayer for Wales but has now been translated and adopted by many nations.

*O High King of Heaven,
have mercy on our Land.*

Revive your Church.

*Send the Holy Spirit for the sake of the lost,
the least,*

and the broken.

May your Kingdom come to our nation.

In Jesus' mighty name.

Amen. ⁱ



Resources for Meditation

Recommended by Father Gerry Walsh, Priest of English Martyrs

Lectio Divina

Lectio Divina is a dynamic way of reading the Scriptures that has been around since AD 300. Lectio Divina invites you to savour and mull over God's words quietly, slowly and intently. It gives you the space to



respond to what you feel God is saying and helps you build a vital bridge between your encounters with God and everyday life with its joys, humdrum and challenges. It follows a four-step approach of:

- a) Reading anything from the Bible prayerfully and slowly
- b) Meditation – Use your imagination, ask questions, let the words be a mirror
- c) Prayer as inspired by what you have read
- d) Contemplation be still before God and invite him in.

For further details and aids for Sunday Gospels see

<https://www.biblesociety.org.uk/explore-the-bible/lectio-divina/>

Meditation/Contemplation:

The World Community for Christian Meditation <http://www.wccm.org/> have daily reflections and an online meditation facility or an app you can download to your phone or tablet to assist you in doing meditation. They recommend for an adult 20 minutes of silent prayer, sitting in an upright posture with your eyes gently closed breathing gently, repeating one word, they suggest Maranatha, split into its 4 syllables it means Come, Lord Jesus Come.

Centre for Action and Contemplation <https://cac.org/> have inspiring and challenging daily meditations which, if you wish, you can ask to be sent to you by email daily, as well as plenty of online resources.

Prayers from The Church of England for use during the Coronavirus Outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Lord Jesus Christ, you taught us to love our neighbour, and to care for those in need as if we were caring for you. In this time of anxiety, give us strength to comfort the fearful, to tend the sick, and to assure the isolated of our love, and your love, for your name's sake. Amen.

God of compassion, be close to those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord. Amen.

For those who are ill:

Merciful God, we entrust to your tender care those who are ill or in pain, knowing that whenever danger threatens your everlasting arms are there to hold them safe. Comfort and heal them, and restore them to health and strength; through Jesus Christ our Lord. Amen.



For hospital staff and medical researchers:

Gracious God, give skill, sympathy and resilience to all who are caring for the sick, and your wisdom to those searching for a cure. Strengthen them with your Spirit, that through their work many will be restored to health; through Jesus Christ our Lord. Amen.

From one who is ill or isolated:

O God, help me to trust you, help me to know that you are with me, help me to believe that nothing can separate me from your love revealed in Jesus Christ our Lord. Amen.

For the Christian community:

We are not people of fear: we are people of courage. We are not people who protect our own safety: we are people who protect our neighbours' safety. We are not people of greed: we are people of generosity. We are your people God, giving and loving, wherever we are, whatever it costs for as long as it takes wherever you call us. Amen

Barbara Glasson President of the Methodist Conference

These prayers and more can also be found here:

<https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/coronavirus-covid-19-liturgy-and-prayer>

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

2 Chronicles 7:14

St George's Tuffley with St Margaret's Whaddon

Monthly Prayer Diary

(updated May 2020)

*“Lord, you are to be blessed and praised;
 all good things come from you.
 May Your Kingdom come, Your will be done,
 in all our words, all our thoughts, and all we do.
 To you be all the glory, now and for ever.”*
 Amen

On this ___ day of the month we pray for...

...all who live in:	... Church	.. Community
Podsmead 1 st Podsmead Rd, Alders Clinic, Duke of Beaufort Ct	Wardens, PCCs, Authorised Leaders	Crypt school; our community health services
2nd Chaucer Cl, Laburnum Rd, Poplar Cl, Sycamore Cl, Redwood Cl	Proclaiming the Good News, Pioneer Team, Prayer-walkers	Families grieving death of loved ones; 'shared lives' (adult fostering)
3rd Milton Ave, Harvey Cl, Mansell Cl, Woodpecker Rd, Badger Vale, Partridge Cl	The One Church in Podsmead; Benefice Administrator; Weekly news; Crossroads magazine	Community Centre; Ramblers Club; Milton Ave Green Space
4th Masefield Ave, Halford Ho., Shelley Ave, Tennyson Ave, Kipling Cl	Music in worship, Music Leader, Soul Space, children in church, Messy Church	Our local City and County Councillors; our MP

...all who live in:	... Church	.. Community
5th Shakespeare Ave, Betjeman Cl, Stratford Cl, Hathaway Cl	Mothers' Union; Pastoral Care team	Local foster-carers; Blackbridge Athletics track
6th Scott Ave, Burns Ave, Eliot Cl, Keats Ave, Byron Ave	Proclaiming the good news, Pioneer Team, Prayer-walkers	Podsmead Big Local, recreation ground, local shops
Commercial area 7th Lower Tuffley Ln, Corolin Rd, Ramsdale Rd, St Albans Rd, Woodrow Wy, Bristol Rd	Learning and growing as disciples; developing in prayer	McDonald's; car dealers, businesses, Tuffley Trading estate
8th Pearce Wy, Byard Rd, Empire Wy, Ashville Rd, Caesar Rd, Cole Ave, Shepherd Rd	Bible discussion groups	Glos C'ty Fire Station; Retail outlets, Central Trading estate
Grange and Holmleigh 9th Arlingham Rd, Westbury Rd, Fretherne, Blakeney Cl, Longney Rd	Gardening and churchyard teams	Gardening club; open spaces, playgrounds; informal and family carers
10th Epney Rd, Falfield Rd, Slimbridge Rd, Brookthorpe Cl	Tuffley Festival	Foodbank and other food outlets for those in need
11th Grange Rd, St George's Cl, St David's Cl, Ryelands, Meredith Way, Notgrove Cl	Grange Baptist Church; Youth group; St George's Church & Centre	Aphasia Now; Speakability;
12th Tuffley La, Nympsfield Rd, Randwick Rd, Holmwood Dr, Holmwood Cl	English Martyrs; Refresh	Randwick Park; Tuffley Rovers FC and Social Club; Murray Hall Scouts Centre & HQ

...all who live in:	... Church	.. Community
13th Amber Cl Silver Cl, Emerald Cl, Russet Cl	Coffee Pot, Day Centre	Russet House Alternative Provision School; Secret Garden nursery, SkillZone
14th Holmleigh Rd, Crypt Ct, Lilac Wy	StG Centre Management Committee	Community police; Holmleigh Park; all addicted to alcohol, drugs, or gambling
15th Coral Cl, Sapphire Cl, Golden Cl, Ivory Cl	Those preparing for marriage; baptism families	Local teenagers and young adults
16th Elderwood Wy, Fraser Dr, Pearwood Wy	Our Care for Creation; care for our neighbours	Those with dementia; those with mental ill- health
17th Holmleigh Parade, Windsor Dr; Windsor Parade	Our influence in shaping and transforming the neighbourhood	Tuffley Library, Community Centre, Holmleigh Park High, Harewood Infants, Harewood Juniors
18th Gainsborough Dr, Sedgley Cl, Nutley Cl, Osborne Ave	Church in Tuffley; Social committee	Pike & Musket; Entertainers;
19th Sandringham Ave, Chatsworth Ave, Harewood Cl	Bishops Rachel and Robert, Archdeacon Hilary, Area Dean	Tuffley Playgroup and VIPs, George's Playgroup
20th Vincent Ave Woburn Ave, Warwick Ave, Longleat Ave	Treasurers, finance, generosity, stewardship	Families who are struggling; Bundles
21st Glencairn Ave, Thorseby Ave, Petworth Cl, Charlecote Ave	Other churches across the City; our Cathedral and Diocese	Those who feel trapped in abusive relationships

...all who live in:	... Church	.. Community
22nd Denham Cl, Sulgrave Cl	Those who clean and maintain our buildings	Charter Band; Slimming World;
23rd Bodiam Ave, Arundel Cl	Connections Group	Local bus services; dog-walkers
24th Dunster Cl, Sandford Wy, Avebury Cl	Our work with others to serve the community	Those looking for work
25th Althorp Cl, Stirling Way, Hendingham Cl	Open-the-Book teams	Those anxious or depressed
26th Quedgeley Court Park, Greenhill Dr, Greenhill Ct, Tolsey Gdns	Our safeguarding of children and vulnerable adults	Those who find it hard to make ends meet; those in debt
Copeland Park 27th Streamside, Daniels Meadow, The Warren, Cardinal Dr	Our link-church in Eden, Tanzania	<i>Nursing/care homes:</i> Chestnut Court, The Knoll, Westbourne, Brunswick House, Pinetree Court
28th Pampas Ct, Watermint Dr, Meadowsweet Wlk, The Rushes	Groups introducing the Christian faith	Those confined to home; the sick, the sad, the lonely, the isolated
29th Ruardean Cl, St Briavels Cl, Bledisloe Wy Brimpsfield, Eardsley, Sudeley Wy, Beverstone Rd, Lasborough Drive, Swangrove, Hale Close	Our Website; our Social media pages	Those with physical or learning disabilities or behavioural difficulties, and their carers
Whaddon 30th Yew Tree Gdns, Stroud Rd, Church Lane	St Margaret's; Family Praise; Churchyard; welcoming new residents	Wynstones; Pound Farm

“Jesus came to set us free from sin and guilt, to live full of His joy and love”

Prayers from the Catholic Tradition:

Divine Office/Liturgy of the Hours/Mass Readings

The Divine Office is made up of psalms, canticles and readings from Scriptures and in the Office of Readings Church Fathers and Teachings of the Church as well as prayers. There are different prayers for different times of the day. It is most often prayed by religious and clergy but it is encouraged for all.

If you want to know more and to read the office go to <https://universalis.com/> where you can either read a free version online or download an app which gives you an option for a paid version. You will also find the daily as well as Sunday Mass Catholic and more often than not Church of England readings for the day provided there.

Prayers for May (Month dedicated to Mary Mother of Jesus – Our Lady)

The prayer most Catholics say asking for Our Lady's intercession are the Mysteries of the Rosary of which there are now four sets. Each mystery is made up of 5 events from the lives of Jesus and Mary. Each decade starts with an Our Father, then 10 Hail Marys and ends with a Glory Be. The Hail Mary prayer starts with 2 quotes from scripture found in Luke 1 and concludes with an invocation to Jesus' mother to pray for us. The words of the Hail Mary prayer are:

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. **Holy Mary**, Mother of God, **pray** for us sinners, now and at the hour of our death, Amen.

For more details on the mysteries and how to pray the Rosary see http://www.vatican.va/special/rosary/documents/misteri_en.html#How to pray the Rosary

Pope Francis has sent a letter for May 2020 to all Catholics which has two special prayers to Our Lady for use during the pandemic http://www.vatican.va/content/francesco/en/letters/2020/documents/papa-francesco_20200425_lettera-mesedimaggio.html

Magnificat (Mary's song of praise found in Luke 1:46-55)

My soul glorifies the Lord, my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness; henceforth all ages
will call me blessed. The Almighty works marvels for me. Holy his name!
His mercy is from age to age, on those who fear him.
He puts forth his arm in strength and scatters the proud-hearted.
He casts the mighty from their thrones and raises the lowly.
He fills the starving with good things, sends the rich away empty.
He protects Israel, his servant, remembering his mercy,
the mercy promised to our fathers, to Abraham and his sons for ever.

Prayer for the Pentecost Novena (22nd to 30th May 2020)

O Holy Spirit, who descended upon the Apostles and filled them with power and wisdom, watch over me and guide me in all my thoughts and acts. Never let me forget to call on you whenever I need help. Amen.

O Holy Spirit, Spirit of Truth, come into our hearts, shed the brightness of Your light on all nations, that they may be one in faith and pleasing to You. Amen.

Prayer for June (Month dedicated to the Sacred Heart) Memorare to the Sacred Heart

Remember, O most sweet Jesus, that no one who has had recourse to Thy Sacred Heart, implored its help, or sought its mercy was ever abandoned. Encouraged with confidence, O tenderest of hearts, we present ourselves before Thee, crushed beneath the weight of our sins. In our misery, O Sacred Heart of Jesus, despise not our simple prayers, but mercifully grant our requests.

Prayer for July (Month dedicated to the Precious Blood)

Most Precious Blood of Life Eternal, price of sinful man's redemption, by whose saving streams the thirst of souls is quenched, and their stains are washed away, Thou Who dost plead the cause of man before the throne of infinite mercy, from the depths of my heart I adore Thee and desire, as much as lies in my power, to make atonement for the injuries and insults that are constantly offered Thee by mankind, and especially by those who rashly dare to blaspheme Thee. Who will not bless and praise this Blood of infinite value? Whose soul would not be inspired with love for Jesus Who shed It all for us? What would be my fate, had I not been redeemed by this Divine Blood? And what drew Thee from the veins of my Saviour even to the last drop? It was love! O boundless love, which has given us this saving balm! O priceless balm, welling from the fount of immeasurable love! Grant that all hearts and tongues may praise Thee, magnify Thee, and give Thee thanks, now and throughout all ages. Amen.



English Martyrs, Tuffley Parish Prayer

O God be at the heart of our parish and in all our hearts, strengthen our faith and our hope in Your promises.

Grant us a spirit of self-sacrifice, so that, with your grace, and by the power of the Holy Spirit, we may radiate Your love to everyone we meet.

Help us to reach out with joy and mercy, to build a loving, healing community.

We ask this through Christ Our Lord. Amen

Thy Kingdom Come movement and prayers for the days between 21st and 31st May

Thy Kingdom Come is a global prayer movement that invites Christians around the world to pray from Ascension to Pentecost for more people to come to know Jesus.



Prayers

(taken from the C of E Novena booklet on website)

‘Wherever you are during these nine days between Ascension and Pentecost, we invite you to accompany us on a sacred journey. As Jesus invited his disciples to wait and pray for the Holy Spirit, so we’re invited to wait on God for the empowerment we need to live more fully and to invite others to share the journey with us.

Jesus knows the distractions that can draw our eyes away from our relationship with him. Once again, we are called to prayer, not because we have failed, but because there is yet more to discover, more change and promise to explore as we journey together.’

The booklet with the full nine days of prayer can be found here:

https://www.thykingdomcome.global/sites/default/files/2020-05/14886_DofCanterbury_Novena%20%28TKC%29_web.pdf

For those without the booklet, take time to ...

WAIT prayerfully for the Holy Spirit. Pause and breathe, creating a space into which God can speak.

READ the Bible text, allow it to enliven your heart, stir your soul and spark your imagination.

LISTEN for insight through idea or image, through recollection or curiosity. Let that Word dwell within you, as you listen for yourself and your community.

RESPOND to the prompting of the Word, with an action that leads to life-giving change.

Let the words of the collect gather up and bless these moments of prayerful waiting upon God, so that his kingdom might be seen more fully in you.

Bible Texts for Daily Readings:

1. Psalm 100
2. Mark 14:17, 22-26
3. Luke 18:10-14
4. Ruth 1:5b-10
5. Matthew 26:36-39
6. Luke 10:1, 5-9
7. Psalm 84: 1-7
8. Luke 10: 17-21
9. 1 Kings 19:11-13



A personal prayer journal can be downloaded from here:

<https://www.thykingdomcome.global/sites/default/files/2020-05/Prayer%20Journal%202020%20C19V.pdf>

The prayer that Jesus taught us

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation, but deliver us from evil.

**For the kingdom, the power and the glory are yours
now and forever. Amen.**

St Barnabas' Monthly Prayer Diary

Our homes and neighbours	The church	Our Community and City
1st Abbotswood Close Ardmore Close Avening Road Awdry Way	Our Ministry Team	Primary schools Calton Road Finlay Road Tuffley Primary .. for children, teachers and families
2nd Barkis Cottages Barnfields Bateman Close Beaufort Road	Our ministers in training	Secondary Schools Ribston Hall High School St Peter's Catholic High School
3rd Beechwood Grove Bibury Road Birchwood Fields Bisley Road	Our Churchwardens	Our day nurseries, local childminders and all who provide care for pre-school children
4th Bourton Road Broadway Bybrook Gardens Bybrook Road	Our PCC	Our residential homes for those needing additional support with day to day living
5th Calton Road Campden Road Cedarwood Drive Chadwick Close	Our pastoral assistant and safeguarding officer	Court Community Association
6th Chalford Road Chedworth Road Cherrywood Gardens and Close Chislet Way	Our Messy Church Team	The incrEdibles Team in Tuffley
7th Cowley Road Dale Close Darwin Road Dickens Close	Our communications team	Our Brownies and Guides

Our homes and neighbours	The church	Our Community and City
8th Eardisland Road Eastfield Mews Enborne Close Evenlode Road	Our financial team	Our Beavers, Cubs and Scouts
9th Finlay Place Finlay Road Firwood Drive Flaxley Drive	Our Parish Administrator	The Club in Tuffley Park
10th Foley Close Forest View Road Fox Elms Road Fox Hill Road	Teapots Group	Local businesses and shops
11th Gere Close Jewson Close Gimson Close Goddard Way	Furnace Prayer Group	For wisdom for those planning new housing developments
12th Gurney Avenue Harwell Close Hazleton Close Headlam Close	Small group leaders and their groups	For our local Covid 19 support groups
13th Hillborough Road Holst Way Ivy Mews Jenkinson Close	For our hospitality and fellowship teams	For our housing associations
14th Kemble Close Kemble Road Kingsley Road Kitchenor Avenue	For our musicians	For our Community Support officers
15th Ladysmith Road Larchwood Drive Larkspear Close Lewisham Road	For our youth group – pray for vision to develop and support ministry to the 14-18 year olds	For those working with older people in residential care

Our homes and neighbours	The church	Our Community and City
16th Lime Tree Court Linsley Way Millin Avenue Moreland Close	For our ministry with those with additional needs especially for the Craft and Worship Team	For those who are unwell
17th Northfield Road Northfield Square Oakbank Oliver Close	For those involved in Worship Arts; flower arrangers, prayer station creators	For all who mourn
18th Pembury Road Reservoir Road Rissington Road Robert Raikes Avenue	For our bereavement ministry	For doctors, nurses, healthcare assistants and all front-line workers responding to need in the Covid 19 Pandemic
19th Romney Close Roseberry Avenue 20th Sapperton Road School Close Selwyn Road	For our Family Praise Team For our eco-theology thinking and vision to develop our grounds and explore their full potential	For those who are lonely For the furloughed and those who are worried about losing their current jobs
21st Southern Avenue Southfield Road St Barnabas Close	For those who look after the church building especially our “Heavenly Dusters” team	For the unemployed, especially those who haven’t worked for some time
22nd Stow Close Stroud Road Sunnycroft Mews	For vision and discernment for where God is leading our church family	For those who are housebound
23rd Tetbury Road The Knoll The Retreat	For safety for all church family members who are working on the frontline	For the “Feeding the 5000” project

Our homes and neighbours	The church	Our Community and City
24th Tintern Road Tuffley Avenue Tuffley Lane	For our Archbishops, Bishops and Archdeacons	For those in debt
25th Voyce Close Westcote Road Whaddon Way	For all Diocesan Staff that support parish ministry	For those who are struggling to cope with the demands of family life
26th Whittle Avenue Winchcombe Road Winchester Drive	For our cathedral	For those who are struggling with anxiety
27th Windrush Road Wood Orchard Hillview	For our baptism and wedding teams	For those preparing to be baptised, confirmed or married
28th For all in temporary accommodation in our parish	For our church halls management committee	For all of our hall users and our community choir
29th For those with nowhere to live	Other local churches – pray for a deepening of relationships and a shared vision	Gloucester City Mission
30th For those who are not safe in their homes	For Street Pastors and Healing on the Streets	Gloucester Foodbank
31st For those who do not get on with their neighbours	For our Open the Book teams and schools outreach	Our partnership parish in the Diocese of Western Tanganyika (Tanzania)

Active Prayers for the Coronavirus Pandemic



By 24-7 Prayer

You'll need: A Bible, Worship music, Water, Soap, Tissues, Pens, Pack of plasters / band aids, Hand sanitizer

PAUSE

PRAY Psalm 46 aloud

BE STILL Breathe deeply, and welcome the Holy Spirit

REJOICE

PRAY Psalm 91 aloud

SING A song of worship about the greatness of God

ASK

PRAY FOR THE CONTAINMENT OF THE VIRUS

Using water and soap, thoroughly wash your hands. Ask God to slow and halt the spread of the Covid 19 Coronavirus. Take a moment to pray for God's particular intervention in the nations most affected.

PRAY FOR THE ILL AND ISOLATED

Using a pen and a tissue, write the names of the people you know who are self-isolating or who have contracted the virus.

Ask God to make His presence felt in solitude and to protect, strengthen and heal them.

PRAY FOR PROTECTION OF THE VULNERABLE

Take a pen and a packet of plasters / band aids. Write on plasters the names of the people you know who are elderly or have an under-lying condition that may make them susceptible to the Coronavirus. Ask God to protect them from infection.

PRAY FOR LOCAL AND NATIONAL LEADERS

Place your hands on your head and ask God to give wisdom to national and local political leaders as they make decisions to protect people. Cup your hand over your ear and ask God to bring excellent advisers to guide them. Open your hands in front of you and ask God to give them the ability to communicate clearly to the public.

PRAY FOR HEALTH PROFESSIONALS

Rub sanitiser into your hands as you ask God to protect the health professionals (doctors, nurses, ambulance crews and more) caring for those affected by the virus. Ask God to give them peace, wisdom, to anoint them for their jobs and to protect them from infection.

PRAY FOR THOSE AFFECTED IN OTHER WAYS BY THE PANDEMIC

There are many of people who will be indirectly affected by the coronavirus pandemic. Ask God to comfort those grieving the loss of loved ones, to provide for those in financial difficulty because they are unable to work, and for business leaders as they face such unprecedented disruption to life. Pray the blessing of Numbers 6:24-26 over each group.

May the Lord bless you and keep you.

May the Lord make his face shine upon you and be gracious to you.

May the Lord turn his face towards you and give you his peace.

The following prayers by Pete Greig and 24-7 Prayer can be included in this group as the YIELD ie:

P. R. A. Y.

Pause Rejoice Ask Yield

A Prayer for Deliverance from the Coronavirus by Pete Greig & 24-7 Prayer

Lord Jesus Christ, we ask you to protect us from the spread of the coronavirus. You are powerful and merciful; let this be our prayer

“Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed.” (Psalm 57:1)

Jehovah Shalom, Lord of Peace, we remember those living in coronavirus hotspots and those currently in isolation. May they know your presence in their isolation, your peace in their turmoil and your patience in their waiting. Prince of Peace, you are powerful and merciful; let this be their prayer -

*“May your mercy come quickly to meet us, for we are in desperate need. Help us, God our Saviour, for the glory of your name.”
(Psalm 79:8)*



God of all Comfort and Counsel, we pray for those who are grieving, reeling from the sudden loss of loved ones. May they find your fellowship in their suffering, your comfort in their loss, and your hope in their despair. We name before you those known to us who are vulnerable and scared - the frail, the sick and the elderly. [pause] God of all Comfort, you are powerful and merciful; may this be our prayer -

“He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us.”

(2 Corinthians 1:10)

Jehovah Rapha, God who heals, we pray for all medical professionals dealing daily with the intense pressures of this crisis. Grant them resilience in weariness, discernment in diagnosis, and compassion upon compassion as they care. We thank you for the army of researchers working steadily and quietly towards a cure - give them clarity, serendipity and unexpected breakthrough today. Would you rise above this present darkness as the Sun of Righteousness with healing in your rays. May this be our prayer –

“Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.”
(Jeremiah 32:17)

God of all Wisdom, we pray for our leaders: the World Health Organisation, national governments, and local leaders too - heads of schools, hospitals and other institutions. Since you have positioned these people in public service for this hour, we ask you to grant them wisdom beyond their own wisdom to contain this virus, faith beyond their own faith to fight this fear, and strength beyond their own strength to sustain vital institutions through this time of turmoil. God of all Wisdom and Counsel, you are powerful and merciful; may this be our prayer –

“God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear” (Psalms 46:1-2)

I bless you with the words of Psalm 91 “Surely he will save you from the fowler’s snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence

that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.” (Psalm. 91:3-7)

“Answer me when I call to you, my righteous God. Give me relief from my distress; have mercy on me and hear my prayer.” (Psalm 4:1)

May El Shaddai, the Lord God Almighty who loves you protect you. May Jesus Christ, His Son who died for you save you. And may the Holy Spirit who broods over the chaos and fills you with his presence, intercede for you and in you for others at this time.

“The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.” (2 Timothy 4:18)



More Prayers from Christian Aid

Prayer of thanksgiving and intercession

For the health workers tending the seriously ill
for the scientists working on a vaccination
for the researchers analysing data and identifying trends
for the media outlets working to communicate reality
for the supermarket workers, hygiene and sanitation providers
for the good news stories of recoveries and effective planning
for the singing from balconies by locked-down communities
for the recognition that isolation doesn't need to mean loneliness
for the notes through letterboxes offering help and support
for the internet and telephones and technology that connects
for the awakened appreciation of what is truly important
Thanks be to God.

For those who are unwell and concerned for loved ones
for those who were already very anxious
for those immune suppressed or compromised
for those vulnerable because of underlying conditions
for those in the 'most at risk to coronavirus' categories
for those watching their entire income stream dry up
for those who have no choice but to go out to work
for those who are afraid to be at home
for those who are more lonely than they've ever been
for those who are bereaved and grieving.
God be their healer, comfort and protection,
be their strength, shield and provision
be their security, safety and close companion

And raise up your Church
to be your well-washed hands and faithful feet
to be present to the pain
to respond with love in action
if even from a safe distance.

God, in your mercy,
Hear our prayer.

Websites used in resourcing this booklet:

Church of England: www.churchofengland.org

Thy Kingdom Come: www.thykingdomcome.global

24-7 Prayer: www.24-7prayer.com

Vatican News: www.vaticannews.va

Fflad - y - Brenin Retreat Centre: www.ffald-y-brenin.org

Christian Aid: www.christianaid.org.uk

Websites for The Church In Tuffley where you can find more information including people to contact and where to find online services:

St George's with St Margaret's Anglican
www.glos-stg-stm.org.uk

Grange Baptist
www.grangebaptist.org

English Martyrs Roman Catholic
www.gloucesteremaoc.com

St Barnabas' Anglican
www.stbarnabasgloucester.org



THE CHURCH IN TUFFLEY

ⁱ The Caleb Prayer, ©Caleb Liturgy 2015, Fflad y Brenin, Pembrokeshire